

CORE ASSETS



1: GROWTH MINDSET *I love learning and know that my abilities will improve through dedication and effort.*



2: POSITIVE RELATIONSHIP BUILDING *I get along well with others and am able to find people to support me.*



3: FIND YOUR SPARK *I use creativity to explore my passions.*



4: PROBLEM-SOLVING *I know how to weigh the pros and cons and make a decision.*



5: SELF-DETERMINATION *I believe in myself and am able to set goals and achieve them.*



6: SELF-MANAGEMENT *I know how to manage my feelings and take care of myself in a healthy way.*



7: PERSEVERANCE / GRIT *I work hard through challenges and finish what I start.*



8: HOPE *When I have tough times, I believe it can get better.*



9: BELONGING *I understand who I am, have a place where I feel accepted, and know that my contributions count.*